

Holiday Care Packages for Seniors & Adults with Disabilities

What is Shoeboxes of Joy? Shoeboxes of Joy is a holiday project for individuals and household members to provide brightly decorated shoeboxes containing holiday gifts to be delivered to isolated adults throughout King County.

Who do you give the boxes to? Boxes are given to low-income older adults and adults with disabilities receiving services through Catholic Community Services.

What should I put in the box? Many of those receiving the gift boxes live alone with no family or friends nearby and may not receive any other gift, so we encourage participants to thoughtfully fill a wrapped shoebox with a variety of useful items, as well as fun and specialty items. Please see the other side of this flyer for ideas.

What about COVID-19? Many in our community are still very vulnerable, especially those we serve with Shoeboxes of Joy. Our staff will be masked when receiving your boxes at the drop off; we request you be masked when dropping off your boxes as well.

Please wrap lid and box separately, so that staff can view items to ensure each box goes to someone who will enjoy it most.

When? Completed boxes should be delivered to a VS office no later than: Friday, December 2nd, 2022



How do I sign up?

Please email us at vc@ccsww.org or call 206-328-5787 for next steps!



CATHOLIC COMMUNITY SERVICES SERVING PEOPLE OF ALL BELIEFS

Shoeboxes of Joy Items List

Put together a fun assortment of items! Mix and match from the lists below or add your own special touch. Feel free to theme your boxes or use neutral items that can be given to anyone.

Due to the variety of clients we serve, please keep in mind the following guidelines:

- Place items in a wrapped shoebox (lid and box individually wrapped, so that staff can view items to ensure each box goes to someone who will enjoy it most). Reusable plastic shoebox-sized containers are very popular.
- New items only (please do not include hotel samples.)
- Many clients are diabetic. Please limit the amount of sugar items in your box or consider sugar free items and healthy snacks.
- Our clients come from many different faiths. Out of respect for their personal beliefs, we ask that you do not include holiday or religious items.
- To keep clients safe and healthy, please do not include candles, matches, or homemade food items.

Cleaning Supplies

Sponges
White vinegar
All purpose, unscented cleaner
Gloves
Bleach-free cleanser (Bon Ami)
Mop, toilet brush, or vacuum
cleaner
Microfiber cleaning cloths
Dish cloths
Air freshener (natural)
Dish soap
Dusting tools (Swiffer)

Food Items (nonperishable & in original packaging) Spiced Teas and Flavored Coffees Canned or instant soup Packaged baked goods Cheeses Hot Chocolate and Cider Pickled Vegetables Canned Tuna, Chicken or Salmon Mixed Nuts

Useful & Fun Items Reacher/grabber Flashlight Batteries Small First Aid Kit Whistle to signal help New pack of playing cards Inexpensive games (crosswords, Word puzzles) Stationary / Cards Grocery gift cards Prepaid phone cards Postage stamps Medi-sets Magnifier

<u>Toiletries</u>

Lotions (unscented) Powders Soaps Deodorant Shaving Cream Nail Care Kit Moist Towelettes Washcloth / Towel



Thank you for your generosity!